

FT - 158

“Poor, Poor Pitiful Me”

Called By Shauna Kaaria

909-335-8705

www.ShaunaKaaria.com

Opener

Sides Face, Grand Square

I lay my head on the railroad track, waiting on the Double E.

But the train don't run thru here no more, poor, poor pitiful Me. **Allemande Left and Weave**

Poor, Poor, Poor Me; Poor, Poor Pitiful Me

All these boys won't let me be. Lord, have mercy on me.

Figure: Twice for Heads and Twice for Sides

Heads(sides) promenade, take it half you know,

Sides(heads) do a Right & Left Thru

Sides(heads) Square Thru take it four hands round,

Then do an **Eight Chain Four**.

Poor, Poor, Poor me.

Swing your corner **promenade**.

All these boys won't let me be

Lord, have mercy on me.

Middle Break

Sides Face, Grand Square

Well, I met a man out in Hollywood, and I ain't namin' names

But he really worked me over good, just like Jesse James. **Allemande Left and Weave**

Yes, he really worked me over good, he was a credit to his gender

He put me through some changes Lord, sorta like a waring blender.

Closer

Sides Face, Grand Square

I met a boy in the Vieux-Carres, down in Yokohama,

He picked me up, and he threw me down, saying "Please don't hurt me Mama.

Allemande Left and Weave

Poor, Poor, Poor Me; Poor, Poor Pitiful Me

All these boys won't let me be. Lord, have mercy on me.

Tag:

Woe, woe is me.

Music recorded at Jimmy Mac productions-Ventura CA

Vocals recorded at Bedroom Studios-Menifee, CA (Pat Carnathan-Engineer)

Jim MacDonald- Engineer and Bandleader-Music arranged by Shauna Kaaria

Background vocals - Michael Haworth, Vic Kaaria

Fine Tune records are produced by

Rick Hampton and Rod Shuping

www.FineTuneRecords.com

<https://www.facebook.com/FineTuneGoldWing>