



SS - 1047

“Poor, Poor, Pitiful Me” Called by Shauna Kaaria

Courtesy of Chic Recordings

www.ShaunaKaaria.com

Opener

Sides Face, Grand Square

I lay my head on the railroad track, waiting on the Double E.
But the train don't run thru here no more, poor, poor pitiful Me. **Allemande Left and Weave**
Poor, poor, pitiful me; Poor, poor, pitiful Me
All these boys won't let me be. Lord, have mercy on me.

Figure: Twice for Heads and Twice for Sides

Heads(sides) **promenade**, take it half you go,

Sides(heads) do the **Right & Left Thru**

Sides(heads) **Square Thru** go four hands round,

Then do an **Eight Chain Four**.

Poor, poor, pitiful me.

Swing your corner **Promenade**.

All these boys won't let me be. Lord, have mercy on me.

Middle Break

Sides Face, Grand Square

I met a man out in Hollywood, and I ain't namin' names
He really worked me over good, just like Jesse James. **Allemande and Weave**
He really worked me over good, he was a credit to his gender
Put me through some changes Lord, sort-a like a waring blender.

Closer

Sides Face, Grand Square

I met a boy in the Vieux-Carres, down in Yokohama,
He picked me up, and he threw me down, saying "Please don't hurt me Mama.

Allemande and Weave

Poor, poor, pitiful me; Poor, poor, pitiful Me
All these boys won't let me be. Lord, have mercy on me.

Tag:

Woe, woe is me.

Music recorded at Jimmy Mac productions-Ventura CA

Jim MacDonald- Engineer and Bandleader

Background vocals – Shauna Kaaria/Jim MacDonald

Sharpshooter Records are produced by

Rick Hampton and Rod Shuping

www.FineTuneGoldWingMusic.com

SharpShooterMusic.com